

Phillip Anthony Thomas

(January 11, 1994 - September 13, 2019)

Phillip grew up around the Calgary Tennis Club and was introduced to tennis at an early age and began to demonstrate a natural affinity towards the sport. He trained at Tennis Academy High Performance program and benefited by his dad's tutelage and guidance.

He competed in many tournaments and played on the U of C Dinos tennis team while acquiring his degree in Computer Science and then working towards his master's.

Phillip had a penchant for research since he was a young boy and revealed a natural teaching ability that had been acknowledged just before his passing at 25 years of age. Ping pong was another regular practice at our home where he began to defeat his father more frequently than not. Phillip's natural athleticism was evident in many other forms, such as running, sprinting, weightlifting and badminton.

Intelligent and athletic, he had an incredible ability to make everyone laugh. As a member of the UofC Calgary Dinos tennis team, and a master's student in Math and Computer Science, Phillip had a bright future.

However, Phillip passed away in 2019 at the age of 25, following a mental health battle.

"He was an incredibly bright and talented young man and was able to brighten many of his fellow students' days. He was one of the most perceptive and unique minded people some have ever met, he was accomplished, supported and loved, and yet he battled anxiety and depression most of his adult life," says Vanessa Thomas, Phillip's sister.

To honour Phillip's legacy, and to support other young adults with their mental health, Canadian Mental Health Association – Calgary Region (CMHA Calgary) has launched a brand-new resource called [EQUIPPED](#).

Canada Day Open

THE ° CALGARY ° TENNIS ° CLUB

